Official Programme

Milan, Italy
April, 21-23 2017

AIMO - Piazza Santuario 7, Saronno (VA) Italy
## Friday Programme

### 21 April 2017

<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>14:00 - 15:00</td>
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| 15:00 - 16:00 | **Keynote Speaker** – Mr Leon Chaitow ND DO  
Honorary Fellow, University of Westminster, London, UK  
Editor-in-Chief, Journal of Bodywork & Movement Therapies  
Keynote: Implications of current research on dosage of manual/osteopathic treatment of fascial dysfunction. |
| 16:00 - 16:20 | 1. Mr Florian Schwerla - Germany Academy Of Osteopathy (AFO) Germany  
Osteopathic treatment in addition to usual care in patients with Gastroesophageal Reflux Disease (GERD). A randomized controlled trial. |
Influence of osteopathic treatment on maximal aerobic velocity in road cycling. |
| 16:40 - 17:00 | 3. Mr Manoj Mehta – The British College of Osteopathic Medicine (BCOM), London, UK  
VAS outcomes in a paediatrics population in an osteopathic teaching clinic. |
| 17:00 - 17:15 | Questions and summing up led by Session Chair: Mr Alberto Maggiani, Accademia Italiana di Medicina Osteopatica (AIMO), Saronno, Milan, Italy |
| 17:15 - 19:00 | WELCOME RECEPTION                                                                                                                                 |

*Programme itinerary may be subject to change*
**Saturday Programme**  
**22 April 2017**

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<td>09:00 - 10:00</td>
<td><strong>REGISTRATION AND WELCOME</strong></td>
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| 10:00 - 11:00| **Keynote Speaker - Dr Lisa Hodge PhD**  
Associate Professor, The Department of Cell Biology and Immunology  
Osteopathic Heritage Basic Science Research Chair, The Osteopathic Research Center  
University of North Texas Health Science Center.  
Keynote: The Lymphatic System and Inflammation: insight into the mechanisms of protection offered by osteopathic medicine. |
| 11:00 - 11:15| **COFFEE AND POSTERS**                                                                                                                      |
| 11:15 - 11:35| **1. Ms Marie-Alice Hilleriteau – Equipe Labellisée, LIGUE 2012, INSERM, Nantes, France.**  
Effects of Thoraco-Abdominal Pump Technique, local massage or Rhythmic Joint Mobilisation on primary tumour growth and lung metastasis rate in a murine model of osteosarcoma. |
| 11:35 - 11:55| **2. Mr Alberto Maggiani - Accademia Italiana di Medicina Osteopatica (AIMO), Saronno, Italy.**  
Effects of cranial manipulation in healthy patients revealed by salivary alpha amylase activity. |
| 11:55 - 12:15| **3. Ms Anja Baumbach – Osteopathie Schule Deutchland, Hamburg, Germany.**  
The effect of osteopathic treatment on pressure pain threshold and pain intensity in children with growing pain. A randomised controlled trial. |
| 12:15 - 12:35| **4. Dr Francesco Cerritelli – Clinical-based Human Research Dept., COME Collaboration, Pescara, Italy.**  
The paradox of sham therapy and placebo effect in osteopathy: a systematic review. |
| 12:35 - 12:50| **Questions and summing up led by Session Chair – Dr Emanuele Ungaro, MD DO Orthopaedic Surgeon, Società Italiana Medici di Medicina Manuale – Simemm** |
| 12:50 - 14:00| **LUNCH AND POSTERS**                                                                                                                        |

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| 14:00 - 15:00| **Keynote Speaker:** Dr Silvestro Roatta PhD  
Associate Professor of Physiology Dept. Of Neuroscience, University of Torino  
Keynote: Automatic modulation of skeletal muscle function: physiological  
mechanisms, implications and speculations. |
| 15:00 - 15:20| **5. Ms Anja Baumbach - Osteopathie Schule Deutchland, Hamburg, Germany.**  
Effectiveness of two osteopathic treatment approaches on pain, pressure pain  
threshold and disease severity in patients with fibromyalgia – a randomised  
controlled trial. |
What can osteopaths learn from concerns and complaints raised about them? A  
review of UK insurance and regulator report. |
| 15:40 - 16:00| **7. Ms Carol Fawkes – Barts & The London Queen Mary’s School of Medicine & Dentistry, London, UK.**  
Benchmarking your practice using Patient Reported Outcome Measures (PROMs) in  
steatopathy |
| 16:00 - 16:15| **Questions and summing up led by Session Chair – Dr Lisa Hodge, Department of Cell Biology and Immunology, University of North Texas Health Science Center** |
| 16:15 - 16:30| **COFFEE AND POSTERS** |
| 16:30 - 16:50| **8. Ms Liria Papa – International College of Osteopathic Medicine (ICOM) Milan, Italy.**  
Osteopathic treatment changes the relationship between somatic dysfunction and  
pain perception in patients with frequent tension type headache. |
| 16:50 - 17:10| **9. Mr Andrea Formica – Instituto Superiore di Osteopatia (ISO), Milan, Italy.**  
Italian osteopaths’ attitudes and beliefs towards the management of patients with  
chronic pain: a qualitative study. |
| 17:10 - 17:25| **Questions and summing up led by Session Chair – Dr Francesco Cerritelli, Clinical-based Human Research Dept., COME Collaboration, Pescara, Italy.** |
| 19:30 for 20:00| **CONFERENCE DINNER - VILLA GIANETTI, SARONNO (VA)** |

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# Sunday Programme

## 23 April 2017

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| 10:00 - 11:00| **Keynote Speaker – Prof Dr Wilfrid Jänig**  
Professor of Physiology Emeritus  
Physiologisches Institut, Christian-Albrechts-Universität zu Kiel, Kiel, Germany  
Keynote: Autonomic Nervous System and Inflammation. |
| 11:00 - 11:15| COFFEE AND POSTERS                                                                                                                   |
| 11:15 - 11:35| 1. Mr Giacomo Zangoni – British School of Osteopathy (BSO) London, UK  
“I need to do another course” – manual therapists’ knowledge and beliefs when assessing psychosocial factors in patients with chronic low back pain in Italy. |
| 11:35 - 11:55| 2. Ms Carol Fawkes – Barts & the London Queen Mary’s School of Medicine & Dentistry, London, UK  
Using Patient Reported Outcome Measures (PROMs) in clinical practice: the converging views of patients and clinicians. |
| 11:55 - 12:15| 3. Ms Carolina Lavazza - Italian Academy of Osteopathic Medicine (AIMO) Saronno, Italy  
Is it possible to define the number of training sessions needed to achieve a reliable palpation of pelvic bony landmarks? A comparison between years of experience. |
| 12:15 - 12:35| 4. Dr Kerstin Rolfe – the British College of Osteopathic Medicine (BCOM) London, UK  
Health related quality of life and musculoskeletal function in patients with musculoskeletal disorders: after treatment in an osteopathic teaching clinic. |
| 12:35 - 12:50| Questions and summing up led by Session Chair - Dr Dawn Carnes, National Council for Osteopathic Research (NCOR) UK |
| 12:50 - 14:00| LUNCH AND POSTERS                                                                                                                     |

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| 14:00 - 15:00| **Keynote Speaker: Dr Alberto Gallace, PhD**  
Researcher in Psychobiology, Dept of Psychology, University of Milano Biocca  
Keynote: Body, Space and Pain in the brain: the concept of body matrix.                                                                 |
| 15:00 - 15:20| 5. Mr Simon Bacon - The British College of Osteopathic Medicine (BCOM) London, UK  
Investigating the role of Spirituality in Osteopathic practice using interpretative phenomenological Analysis.                                      |
| 15:20 - 15:40| 6. Mr Marco Canella – University of Ferrara, Italy  
Obstructed defecation syndrome with hypertonic puborectalis muscle: rehabilitative treatment with biofeedback against osteopathic treatment.            |
| 15:40 - 16:00| 7. Ms Elena Ferioli - Center for Clinical Ethics (CREC), University of Insubria, Saronno.  
Ethics in Osteopathic education, practice and research: the proposal for an Ethical Framework in AIMO.                                           |
| 16:00 - 16:15| Questions and summing up led by Session Chair – Ms Carol Fawkes, Barts & the London Queen Mary’s School of Medicine & Dentistry, London, UK.                                                               |
| 16:15 - 16:30| Award of Prizes for New Researcher, Established Researcher and Best Poster sponsored by Elsevier and IJOM. Closing comments and ICAOR12 Announcement  
Closing statements by Mr Marco Giardino, Director of Accademia Italiana di Medicina Osteopatica (AIMO) and Dr Kerstin Rolfe, Principal of the British College of Osteopathic Medicine (BCOM). |

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Keynote Speakers

Mr Leon Chaitow  
Honorary Fellow, University of Westminster, London Editor-in-chief, Journal of Bodywork & Movement Therapies  
Keynote: “Implications of current research on dosage of manual/osteopathic treatment of fascial dysfunction.”

Dr. Alberto Gallace, PhD  
Researcher in Psychobiology Department of Psychology, University of Milano-Bicocca  
Keynote: “Body, Space, and Pain in the brain: the concept of body matrix.”

Dr Lisa Hodge  
Associate Professor, Department of Cell Biology and Immunology, University of North Texas Health Science Center, Fort Worth, Texas, USA  
Basic Science Research Chair, Osteopathic Heritage Foundation  
Keynote: “The lymphatic system and Inflammation: insight into the mechanisms of protection offered by osteopathic medicine.”

Prof Dr Wilfrid Jänig  
Professor of Physiology Emeritus Physiologisches Institut, Christian-Albrechts-Universität zu Kiel, Germany  
Keynote: “Autonomic Nervous System and Inflammation.”

Dr. Silvestro Roatta, PhD  
Associate Professor of Physiology. Dept. of Neuroscience, University of Torino  
Gala Dinner
Saturday April 22, 2017

VILLA GIANETTI, Saronno.

The hosts, the Italian Academy of Osteopathic Medicine (AIMO) and the British College of Osteopathic Medicine (BCOM) with the support of Saronno’s City Council are delighted to welcome delegates and guests to the prestigious and picturesque Villa Gianetti.

The Villa is considered to be a symbolic landmark in Saronno and was built in 1919 by Gaetano Gianetti, heir to one of the oldest and most prestigious families in Saronno. The Villa was designed by the Milanese Architect Domenico Verga and is a light filled building in the Lombardy Renaissance style, decorated with significant frescoes and paintings including an important reproduction of the Virgin Mary by Lippi painted by the Lombardy artists Bonatti and Chiesa. In 1925 facing financial difficulties Gianetti sold the Villa to the Town Council of Saronno, and it became the Town Hall until 1985. In 2003 the Villa was completely restored and became an exhibition Centre dedicated to Modern Art, featuring works by the artist Francesco De Rocchi. Since 2004 it has also been the home of the Centre for Studies on Chiarismo.

Delegates and guests will be able to enjoy an evening in one of the most picturesque and fascinating residences in the area with all its hidden beauties.