

Getting into Medical School Workshop

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Family Practice Resident

Introduction: Where I'm from, where I've been, where I see myself in 10 years.
From small town Alaska to medical career.

Making the decision: MD or DO or PA or NP or DDS or DPM or cRNA

The two medical schools in the United States: DO and MD, Caribbean schools
What is the difference? Demonstration of Osteopathic Manipulation?
What is the scope of practice?
Can I specialize?

The application process:

Finding a Mentor, Shadowing a doctor.
AMCAS or AACOMAS
GPA/Major
What classes do I need?
Taking the MCAT
Letters of Reference
Personal essay: the power of the word
Choosing a school
How many schools do I apply to? What are my chances?
Volunteering? Work experience?
What do I do if I'm non-traditional? Past poor grades?
What is a Post-Bacc program? Do I need a formal program?
Interviews, funding

Medical School curriculum

Year 1 & 2: The Pre-Clinical Years
COMLEX STEP I /USMLE STEP I
Year 3 & 4: The Clinical Years and Rotations
COMLEX STEP II/USMLE STEP II
COMLEX PE /USMLE PE
Applying for residency/ ERAS/ making the choice

Residency

Intern Year: COMLEX STEP III/USMLE STEP III
PGY2-PGY-6 (depending on the residency)

Residency Boards/Oral boards

10 yr Re-certification of Specialty.

CME

Private practice/group practice/hospital based/Locum Tenens

