Career Counseling in Osteopathic Medical Schools: Who, What, How and Now

AACOM 2015 CONFERENCE
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Introduction and Overview

- **Origin**
  - Seeking resources in UGME career counseling / advising

- **Literature Search**
  - Supported need for career counseling/advising
  - Nothing describing U.S. osteopathic medical schools

- **Presentation today**
  - Discuss Survey results
  - Open discussion regarding a forum specific to this topic
Survey Objectives

- Identify career development services offered in COMs
- Describe current resources and tools used in COMS to assist with career services
- Identify areas of opportunity to streamline and provide resources and tools
Survey Overview

- Representatives from each COM were identified
  - All 30 COMs, representing 42 locations

- 25% response rate from individuals
  - Appears at least 50% of COMs

- 191 average class size from all respondents
  (Based off of last entering class – 2018)
Survey Results

Who provides career counseling and advising AND Who is responsible for match outcomes?

What is being done and what time is spent on topics?

How is information being administered?

Now What Is there enough need to create a forum for this specific area?
Do you have a written career counseling curriculum with specific goals and objectives?

- Yes: 35%
- No: 59%
- Unsure: 6%

2015 AACOM Presentation - State of Career Counseling in COMs
Survey Results

Who

Who provides career counseling and advising

AND

Who is responsible for match outcomes?

2015 AACOM Presentation - State of Career Counseling in COMs
Is there a single person in a leadership position responsible for career counseling delivery and outcomes?

- Yes: 53%
- No: 41%
- Unsure: 6%

2015 AACOM Presentation - State of Career Counseling in COMs
Who provides formal guidance on . . .?

- Non-physician residency counselor
- Faculty Mentor
- Specialty Advisor
- Career Services
- Student Affairs
- Other
- Unsure

Percentage breakdown for different aspects:

- Choice Explore: 53%
- Specialty-specific: 56%
- Personal Statements: 41%
- CVs: 47%
- ERAS: 38%
- Interview Skills: 47%
- Match Strategy: 47%
Survey Results

What

What is being done

AND

what time is spent on topics?
Survey Results

How is information being administered?
How? – The Resources

• AAMC – Careers in Medicine (CiM)
  ▪ 65% of respondents subscribe to CiM
    ▪ 46% of respondents who subscribe to CiM decreased access in the past twelve months – citing increased costs as a factor

• AACOM - Career Planning Guide for DO Students
  ▪ Resources for Advisors
How likely are you to attend a conference specifically focused for designated residency counseling staff within osteopathic medical schools?
- 71% of respondents said they were likely or very likely to attend
  - 50% - Very Likely
  - 21% Likely

How likely are you to attend a pre-conference workshop (for an additional fee) addressing residency counseling topics at the annual AACOM conference?
- 84% of respondents said they were likely or very likely to attend
  - 46% - Very Likely
  - 38% Likely
What are your thoughts on having a forum to support faculty and staff who provide career development/counseling/advising for osteopathic medical school students?

What are topics and/or current best practices for career development/counseling/advising for osteopathic medical school students?
References

Primary References:


Secondary References:


