A Unified Didactic Curriculum for Osteopathic Recognition in a Multi-Specialty Approach
Speakers

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  - Professor, Medicine
- Brian Hays, DO, FACOI
  - Assistant Professor, Medicine
Disclosures

None of the speakers have any financial disclosures to reveal
Objectives

- Demonstrate a new curriculum model for a combined didactic series for more than one residency program with Osteopathic Recognition at a single institution
- Review and discuss the pros and cons of the current delivery process and clinical applications
Historically

- Kalamazoo, MI regional population >250,000
- 2 Hospitals for training sites – working as a consortium
- ACGME residencies with >210 residents in 8 residencies and 2 fellowships
- Dually accredited residencies in Internal Medicine, Family Medicine and Traditional Internship going back to 2004 but phasing out later this year
- MSUCOM Base Hospital with new LCME Medical school (WMed) expanding in Kalamazoo
What was Osteopathic training in the beginning…..

- Originally, 1 hour workshops focusing on practical hands on teaching of OMM to all DO residents training at WMU Med
- Part time Family medicine physician to provide some didactic curriculum and precept in the clinics with residents.
- Periodic Board Review questions added in to bring academics into the curriculum
Evolved over time to...

- Evolution over time to all DO residents coming together for monthly 2 hour workshops
- Quarterly board review
- Guest speakers to demonstrate additional techniques
Faculty

- Joanne Baker DO, IM
- Glenn Dregansky DO, FM
- Edward Haughn DO, FM
- Brian Hays DO, IM
- Susan Jevert DO, FM
- Lauren Piper DO, FM
- Sydney Sheldon DO, Occupational Health
- Amanda Walker DO, OB/GYN
Who attends our sessions?

- All residents and faculty in Osteopathic Recognition and our dual residencies
- MD residents on Family Medicine, Internal Medicine and Med/Peds clinic rotations
- Sports Medicine Fellowship Fellow/Faculty
- MSUCOM and visiting DO students
- WMed students on ambulatory medicine
ACGME Osteopathic Recognition

- We applied with the first group spring 2015 for the new designation
  - Support from current residents
- November 2015 approved for Osteopathic Recognition in Internal Medicine, Family Medicine and Medicine/Pediatrics
- Chose Osteopathic Focused Track over entire residency.
What did Osteopathic Recognition bring to our didactic program?

- Continued 2 hour block workshops and Board Review
- Added:
  - Practice Management and Billing
  - Journal Article Review
  - Resident Case Presentation
  - Osteopathic Principles, Health and Wellness
Curriculum

- Meet 12 times/year
- 2 hour blocks
  - 30 minutes – Didactics
  - 60 minutes – Hands on around tables
  - 30 minutes – Case Presentations
Didactics

- Practice Management and Billing
- Board Review
- Osteopathic Principles, Health and Wellness
- Journal Article Review
Practice Management

- Billing and coding
- Flow of patient care
Board Review

- Iclickers
- Prepare for COMLEX exams and specialty boards
Osteopathic Principles, Health and Wellness

- Education on Principles of Health
- Stress management
- Mindfulness
Journal Article Review

- Review as a group of scholarly activity on principles of manipulative medicine and patient care
Hands on approach

- First session of the year- Musculoskeletal review of the exam
- Next start at the bottom and move to the top – Sacrum/Pelvis
- Subsequent 5 sessions covering:
  - Lumbar
  - Thoracic
  - Cervical
  - Cranial
  - Extremities
Special OMM topics

5 sessions to focus on specialty areas:

- Hospital based OMM
- Sports Medicine
- Pediatrics
- Obstetrics
- Guest Speakers
  - Physical Therapy
  - Complementary Medicine
  - Local Practitioners
Resident Case Presentations

- Senior resident requirement for their scholarly activity
- Run a program based on a case they were involved in and treated
- Provide techniques, demonstration and rationale to their approach
Pros to a shared didactic curriculum

- Sharing of resources and ideas across specialties
- Collegiality of working with fellow osteopathic physicians
- Opportunity to share the osteopathic philosophy and treatments to our allopathic students, residents and faculty
Cons

- 4 training sites – one meeting place for didactics
- Documentation in different EMR
- Coverage of essential services
Challenges

- Incorporating more and more MD physicians into Osteopathic Recognition and having enough onboarding to not interfere with others education
- 2 locations for the residency clinics now
- Expansion of Osteopathic Recognition into other residency programs at WMed
- Need to break down barriers and grow the message in the new SAS ACGME world
Survey of residents and faculty

- Plans to evaluate the impact of the new curriculum
- Initial survey, June 2016
Questions

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