



A Unified Didactic Curriculum for Osteopathic Recognition in a Multi-Specialty Approach

Speakers

- ◉ Joanne K Baker, DO, FACOI, FAODME, FHM
 - Professor, Medicine
- ◉ Brian Hays, DO, FACOI
 - Assistant Professor, Medicine

Disclosures

- None of the speakers have any financial disclosures to reveal

Objectives

- ◉ Demonstrate a new curriculum model for a combined didactic series for more than one residency program with Osteopathic Recognition at a single institution
- ◉ Review and discuss the pros and cons of the current delivery process and clinical applications

Historically

- ◉ Kalamazoo, MI regional population >250,000
- ◉ 2 Hospitals for training sites – working as a consortium
- ◉ ACGME residencies with >210 residents in 8 residencies and 2 fellowships
- ◉ Dually accredited residencies in Internal Medicine, Family Medicine and Traditional Internship going back to 2004 but phasing out later this year
- ◉ MSUCOM Base Hospital with new LCME Medical school (WMed) expanding in Kalamazoo

What was Osteopathic training in the beginning.....

- ◉ Originally, 1 hour workshops focusing on practical hands on teaching of OMM to all DO residents training at WMed
- ◉ Part time Family medicine physician to provide some didactic curriculum and precept in the clinics with residents.
- ◉ Periodic Board Review questions added in to bring academics into the curriculum

Evolved over time to...

- ◉ Evolution over time to all DO residents coming together for monthly 2 hour workshops
- ◉ Quarterly board review
- ◉ Guest speakers to demonstrate additional techniques

Faculty

- ◉ Joanne Baker DO, IM
- ◉ Glenn Dregansky DO, FM
- ◉ Edward Haughn DO, FM
- ◉ Brian Hays DO, IM
- ◉ Susan Jevvert DO, FM
- ◉ Lauren Piper DO, FM
- ◉ Sydney Sheldon DO, Occupational Health
- ◉ Amanda Walker DO, OB/GYN

Who attends our sessions?

- ◉ All residents and faculty in Osteopathic Recognition and our dual residencies
- ◉ MD residents on Family Medicine, Internal Medicine and Med/Peds clinic rotations
- ◉ Sports Medicine Fellowship Fellow/Faculty
- ◉ MSUCOM and visiting DO students
- ◉ WMed students on ambulatory medicine

ACGME Osteopathic Recognition

- ◉ We applied with the first group spring 2015 for the new designation
 - Support from current residents
- ◉ November 2015 approved for Osteopathic Recognition in Internal Medicine, Family Medicine and Medicine/Pediatrics
- ◉ Chose Osteopathic Focused Track over entire residency.

What did Osteopathic Recognition bring to our didactic program?

- ◉ Continued 2 hour block workshops and Board Review

Added:

- ◉ Practice Management and Billing
- ◉ Journal Article Review
- ◉ Resident Case Presentation
- ◉ Osteopathic Principles, Health and Wellness

Curriculum

- ⦿ Meet 12 times/year
- ⦿ 2 hour blocks
 - 30 minutes – Didactics
 - 60 minutes – Hands on around tables
 - 30 minutes – Case Presentations

Didactics

- ◉ Practice Management and Billing
- ◉ Board Review
- ◉ Osteopathic Principles, Health and Wellness
- ◉ Journal Article Review

Practice Management

- ◉ Billing and coding
- ◉ Flow of patient care

Board Review

- ◉ Iclickers
- ◉ Prepare for COMLEX exams and specialty boards

Osteopathic Principles, Health and Wellness

- Education on Principles of Health
- Stress management
- Mindfulness

Journal Article Review

- ◉ Review as a group of scholarly activity on principles of manipulative medicine and patient care



Hands on approach

- First session of the year- Musculoskeletal review of the exam
- Next start at the bottom and move to the top – Sacrum/Pelvis
- Subsequent 5 sessions covering:
 - Lumbar
 - Thoracic
 - Cervical
 - Cranial
 - Extremities

Special OMM topics

- ◎ 5 sessions to focus on specialty areas:
 - Hospital based OMM
 - Sports Medicine
 - Pediatrics
 - Obstetrics
 - Guest Speakers
 - Physical Therapy
 - Complementary Medicine
 - Local Practitioners

Resident Case Presentations

- ◉ Senior resident requirement for their scholarly activity
- ◉ Run a program based on a case they were involved in and treated
- ◉ Provide techniques, demonstration and rationale to their approach

Pros to a shared didactic curriculum

- ◉ Sharing of resources and ideas across specialties
- ◉ Collegiality of working with fellow osteopathic physicians
- ◉ Opportunity to share the osteopathic philosophy and treatments to our allopathic students, residents and faculty

Cons

- ⦿ 4 training sites – one meeting place for didactics
- ⦿ Documentation in different EMR
- ⦿ Coverage of essential services

Challenges

- Incorporating more and more MD physicians into Osteopathic Recognition and having enough onboarding to not interfere with others education
- 2 locations for the residency clinics now
- Expansion of Osteopathic Recognition into other residency programs at WMed
- Need to break down barriers and grow the message in the new SAS ACGME world

Survey of residents and faculty

- ◉ Plans to evaluate the impact of the new curriculum
- ◉ Initial survey, June 2016

Questions

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