**CULTIVATING THE NEXT GENERATION OF DOCTORS OF OSTEOPATHIC MEDICINE**

**INSPIRE Growth** with:

**AIM-HIGH**
- Exposure to clinical settings
- Hands-on experiences with medical procedures
- Direct interaction with standardized patients

**BSPH**
- Interactions with KPCOM faculty & students
- Courses taught primarily by KPCOM faculty
- Integration of undergraduate students in academic societies
- Participation in NSU-sponsored social activities with medical student mentors

**CULTIVATE Academic, Clinical & Humanistic Skills with:**

**AIM-HIGH**
- Exposure to broad array of health professions
- Humanistic exposure to underserved populations
- Research experiences authoring academic posters

**BSPH**
- Participation in global and domestic outreach trips with KPCOM faculty and students
- Research collaboration with KPCOM faculty
- Participation in health fairs

**FOSTER Personal & Professional Growth with:**

**AIM-HIGH**
- First-hand college life experiences
- Participation in personal wellness, leadership and team-based development
- Mentorship with KPCOM students and faculty
- Professionalism training in communication, attire and respect

**BSPH**
- Participation in wellness lunches with KPCOM faculty and students
- Collaboration between undergraduate & graduate clubs
- Exposure to underserved populations through outreach trips

**Mentee Benefits:**
- Access to a support system during critical stages of academic and career development
- An insider’s perspective on navigating through college and graduate school
- Reinforcement that enhances confidence and offers challenges to set higher goals
- Individual recognition, encouragement, and psychosocial support
- Advise on balancing range of academic and professional responsibilities
- Role modeling for professional leadership
- Create foundation for development of increased competencies and stronger interpersonal skills
- Exposure to diverse perspectives and experiences
- Direct access to important resources within the student’s major
- Form a foundation of lasting professional and personal networks

**BIDIRECTIONAL BENEFITS OF MENTORING**

**Mentor Benefits:**
- Supporting and fostering the next generation
- Contributing to students’ personal and professional growth
- Igniting the passion of students
- Providing professional distinction as a role model
- Enhancing their own personal coaching, leadership and interpersonal skills
- Developing a lasting career network

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