Finding HOME: Humanism in Osteopathic Medical Education

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Disclosures
Tami Hendriksz, D.O., discloses that she has no financial interest or other relationship with any manufacturer of commercial products or services.
GUESS WHO

I AM!
Humanism in Osteopathic Medicine
WE ALL HAVE A STORY to tell.
Aspirin for a headache
ONE-SIZE FITS ALL
STORE
Last Year...

Burnout or Abuse?

Challenging our Perspective in Medical Education

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Is Burnout a Failure of the Learner or a Failure of the System?
Medical schools should be 4 years in duration:

- 2 years of basic sciences
- 2 years clinical medicine
Historical Cycle of Medical Education

Paternalistic

Hierarchical

Abusive
Welcome HOME
Humanism in Osteopathic Medical Education

AUGUST 12 2018
LH 119
LIVING WITH ILLNESS

ART EXHIBIT OPEN:
12:30-5PM
POETRY & PERFORMANCES:
3:30-5PM
Something sad and scary happened to me last semester, and I was immediately told something along the lines of “when you’re a doctor, you’ll have to be able to move on with your life after something bad happens to you.” This “when you’re a doctor” rhetoric has been used repeatedly to shame us, teach us lessons about “professionalism” and accountability. The lesson is that doctors are perfect. Without feelings or accidents or tragedy or traffic.
Student Suggestions

There are medical schools out there who do preclinical classroom time for 18 months, then time for board study, then clinical rotations before returning for more classroom work. Splitting up the education and enabling the students to have some meaningful clinical exposure while learning and solidifying all the nitty gritty details.
Summary

- Ask
- Listen
- Empower
- Protected Time
- Create/Maintain Safe Spaces
- Provide True Mentoring
- Think Outside of the Box
- Promote Humanism
Thank you!!
References


