Osteopathic medical schools and residencies should provide OMT to the housing insecure population.

Introduction

• Doctors on the Streets (DOTS) is a medical student led organization through Ohio University Heritage College of Osteopathic Medicine that works in conjunction with the Cleveland Clinic Family Medicine Residency.
• DOTS provides free supplemental medical services and OMT to those experiencing homelessness in Cleveland, Ohio every Friday from November to April.
• Services offered include offering OTC medications, vitals checks, glucose checks, basic wound care, basic foot and nail care, and OMT.

The Challenge

• Access to medical care, personal care items, and affording OTC medications for those experiencing housing insecurity can be a difficult task.
• Developing unique opportunities for osteopathic medical students to perform hands-on osteopathic manipulative therapy (OMT) outside of their respective training laboratories
• The solution: Providing both supplemental medical care and incorporating OMT into our weekly DOTS clinics at two homeless shelters in Cleveland, Ohio

Objectives

• Learn about the cycle of homelessness in Cleveland, OH in order to better understand and care for this vulnerable population in a culturally competent and holistic way.
• Incorporate the fundamental tenets of Osteopathy into Doctors on the Streets (DOTS) by adding OMT into our free clinic services.
• Identify and discuss how to provide more learning opportunities and OMT experiences for medical students.

Future Plans

• Creating a model to sustain clinic offerings throughout the summer months.
• Involving other local residencies to provide more learning experiences.