



Purpose

Federally-funded graduate medical education (GME) programs frequently exclude or impose burdensome requirements on Doctors of Osteopathic Medicine (DOs). These practices exacerbate the workforce shortage by limiting the availability of licensed DO physicians. The *FAIR Act* is needed to ensure DOs can participate in all Medicare-funded residency programs and the nation is leveraging the entire physician workforce.

Background

DO and MD requirements are parallel, both leading to unrestricted physician licenses. DOs attend Colleges of Osteopathic Medicine and take the Comprehensive Osteopathic Medical Licensing Examination of the United States (COMLEX-USA) for state licensure. COMLEX-USA is recognized by all 50 state licensure boards and is equivalent to the United States Medical Licensing Examination (USMLE) taken by allopathic students (MDs).

In 2020, residency training for physicians was consolidated under a single accreditor. Graduating DO and MD seniors now enter a "single match" and compete for acceptance into residency programs where they will train for the next three to seven years, depending on medical specialty. Residency training is required for licensure, and Medicare accounts for 71% of all GME funding.

A 2023 survey of DO students entering the match demonstrated that 62% experienced bias. DO students are excluded from many federally-funded residencies: 32% of residency program directors report never (7%) or seldom (25%) interviewing DOs. These exclusions restrict the specialty choices of osteopathic medical students as reflected in the decline of DOs who match to their preferred surgical specialties since single accreditation.

DO students also face unjustified barriers to residency not faced by their MD colleagues. Over half (56%) of GME programs that consider DOs mandate the USMLE. DOs incur significant financial costs (over \$6 million a year) and emotional hardships to prepare for an additional examination that is not designed for the osteopathic profession or necessary for licensure. It costs a DO applicant an additional \$2,235 and 32 hours of exam time to take all Steps of the USMLE. These totals do not account for preparation costs, rescheduling fees, and other factors. The American Medical Association promotes equality in GME for DOs and MDs, including equal acceptance of the COMLEX-USA and USMLE at all U.S. residency programs.

DOs play a critical role in addressing the physician workforce shortage. In 2023, 55.9% of DO seniors went into primary care. Moreover, 43% of graduating 2021-2022 osteopathic medical students plan to practice in a medically underserved or health shortage area; of those, 40% plan to practice in a rural community. More than 73% of DOs practice in the state where they do residency training, so barriers impact rural and primary care access. Opening all taxpayer funded GME programs to DOs will expand the physician workforce in the most needy communities.

Impact

The *FAIR Act* has two requirements of Medicare-funded GME programs as a condition of participation:

- Report annually on the number of osteopathic and allopathic applicants and accepted residents.
- Affirm that DO applications and the COMLEX-USA are accepted for consideration.

Championed by Reps. Harshbarger (R-TN), Pingree (D-ME) Graves (R-MO) and Golden (D-ME), H.R. 751 will help strengthen the physician pipeline, support equitable treatment of DOs and increase access to high-quality, patient-centered healthcare.

AACOM Recommends

- Senators introduce a companion bill to the *FAIR Act* (H.R. 751)
- Representatives cosponsor the *FAIR Act* (H.R. 751)

About AACOM

The American Association of Colleges of Osteopathic Medicine (AACOM) leads and advocates for osteopathic medical education to improve the health of the public. Founded in 1898 to support the nation's osteopathic medical schools, AACOM represents all 41 colleges of osteopathic medicine (COMs) – educating more than 35,000 future physicians, 25 percent of all US medical students – at 66 medical school campuses, as well as osteopathic graduate medical education professionals and trainees at U.S. medical centers, hospitals, clinics and health systems. For more information, please contact David Bergman, Vice President of Government Relations, dbergman@aacom.org (301) 968-4174.