Learn about the AOGME Residents & Fellows Council

January 27, 2020

www.aacom.org/RFC
Housekeeping Notes

• This webinar is being recorded, recording will be shared with participants and posted on the AOGME’s web page
• Webinar participants are in listen-only mode
• For technical issues, please use the chat feature and raise your hand and we will assist you
• You may submit questions anytime during this live webinar using the chat feature. If time remains during the Q&A segment of the webinar, we will select, and address questions received
Objectives

- Provide an overview of the AOGME Residents and Fellows Council (RFC)
- Describe recent activities and share upcoming RFC activities
- Learn how to become a member of the Council and get involved
Speakers

Jordan Spencer, DO, Chair
Daniel Krajcik, DO, Secretary
Katherine Kirby, DO, Membership & Recruitment Chair
Andrea DeSimone, DO
 RFC Membership Committee
What is the RFC?

- The AOGME Residents and Fellows Council (RFC) is a special membership within AACOM specifically for resident and fellow physicians.
- The RFC was officially launched in fall 2018 as part of the Assembly of Osteopathic Graduate Medical Educators (AOGME), which is a component within AACOM.
RFC’s Purpose is to:

- Provide a home for residents and fellows to come together, exchange ideas, and network
- Serve as a platform for residents and fellow physicians to voice their ideas and concerns to graduate medical education (GME) leaders
- Develop future leaders
- Promote well-being along the continuum of GME
- Support advocacy efforts that address the needs of medical trainees
RFC Strategic Plan 2018-2021

- Develop Leaders in the Osteopathic Medical Profession
  - Goal 1: Support residents and fellows in leadership positions locally and/or nationally.
  - Goal 2: Create and disseminate leadership resources.
  - Goal 3: Create a leadership track for residents and fellows at the Annual AACOM conference for current and aspiring leaders.
RFC Strategic Plan 2018-2021

Promote Well-being Along the Continuum of GME

- Goal 1: Promote well-being among residents and fellows.
- Goal 2: Survey residents and fellows on personal and employer-driven initiatives to address well-being.
- Goal 3: Publish best practices in well-being based on survey results.
- Goal 4: Promote awareness of alternative practice strategies such as Team Based Care
- Goal 5: Incorporate wellness topics into educational programming, newsletters, website and other communications.
RFC Strategic Plan 2018-2021

- Establish and Promote AOGME Membership Value
  - Goal 1: Create robust educational activities (CME, MoC, scholarly activities) that meet the needs of modern-day residents and fellows by exploring alternatives to in-person, classroom based education such as webinars, podcasts, and/or video conferencing.
  - Goal 2: Establish measures for determining member satisfaction.
  - Goal 3: Promote the development of inter-professional relationships and networking opportunities among AOGME members.
  - Goal 4: Keep AOGME members informed of member value efforts and opportunities.
RFC Strategic Plan 2018-2021

- Promote Advocacy Efforts in Consultation with AACOM Government Relations
  - Goal 1: Support AACOM Government Relation’s advocacy agenda.
  - Goal 2: Promote osteopathic medicine to the public and legislators.
  - Goal 3: Support attendance at national advocacy events.
In 2019, the RFC Board established three committees to execute on the Strategic Plan:

- Education/Leadership
- Membership
- Policy
Key RFC Activities

• At the 2019 AACOM Annual Conference, the RFC held a luncheon, a workshop on negotiating employment contracts, and a full-day leadership track.

• In addition, AOGME sponsored a residents and fellows poster competition at the AACOM conference in 2019 for the first time.
Key RFC Activities

- RFC voted and established an executive board in April 2019
- The executive board held a strategic planning retreat in July 2019 during the AOA House of Delegates
  - Presentation to AOA Bureau of Emerging Leaders
  - Presentation to AACOM COSGP
Key RFC Activities

- AOGME Participation in 2019 COM Day on Capitol Hill Day
  - Shawn Hamm, DO, RFC Member
- RFC Members featured on AACOM ED to MED campaign blog
  - A Medical Resident’s Perspective on Why Congress Should Save PSLF, Katherine Kirby, DO,
  - Guest Post: There is no Place like Nome by Timothy Lemaire, DO, MPH
  - Guest Post: From Policies to People: The Importance of Lifelong Advocacy, Harika Kantamneni, DO
Key RFC Activities

- October 27, 2019, RFC Webinar: Residency Interviewing & Tips for the Match
  - Current members of the RFC joined the webinar to share experiences for the residency match process with osteopathic medical students

- December 5, 2018, The Physician Job Search: How to Get Started, featuring Susan Sanford, JD, BA, Resident Outreach, Trinity Health
Upcoming RFC Activities

- Educating Leaders 2020, the AACOM Annual Conference in Washington DC
  - Residents and Fellows Leadership Program, Friday, March 27 (all-day)
    - Leadership speaker
    - Discussions with AACOM/AOGME Leadership
    - Council business & planning
  - Take advantage of a $100 discount for RFC members and register for the conference today at https://www.aacom.org/news-and-events/2020-educating-leaders/home
Membership

- Members of the RFC will be osteopathic trainees or allopathic trainees in programs with Osteopathic Recognition.
- The RFC is designed to serve the needs of current trainees, interns, residents, and fellows in various stages of their post-graduate careers.
- Each RFC member will be an AOGME Associate Member and pay dues set forth by AOGME.
  - Associate member dues are $100 annually.
Why Join the RFC?

- Advance your leadership skills and serve in national leadership roles
- Showcase your scholarly work
- Network with other residents and fellows and maintain a strong connection to the osteopathic medical education community
- Participate in member-only activities at Educating Leaders 2020, the AACOM Annual Conference
- Take advantage of informational webinars on topics relevant to you
Join Us!

- **Become** a member by going to [www.aacom.org/rfc](http://www.aacom.org/rfc) and apply

- **Participate** in a committee or as an officer of the Board

- **Attend** the AACOM Annual Conference RFC Leadership Program on Friday, March 27, 2020

- **Encourage** your friends and colleagues to join the RFC!