Osteopathic medicine is a distinct pathway to medical practice in the United States. It emphasizes helping each person achieve a high level of wellness by focusing on health promotion and disease prevention.

Today, 1 in 4 U.S. medical students attends an osteopathic medical school.

CHOOSING YOUR MINDSET

4 TENETS OF OSTEOPATHIC MEDICINE

- The body is a unit; the person is a unit of body, mind, and spirit.
- The body is capable of self-regulation, self-healing, and health maintenance.
- Rational treatment is based upon an understanding of the basic principles of body unity, self-regulation, and the interrelationship of structure and function.
- Structure and function are reciprocally interrelated.

To become an osteopathic physician, you need the opportunity to practice osteopathic principles in a clinical setting.

As a student of osteopathic medicine, a program with Osteopathic Recognition is your natural next step.

Osteopathic Recognition is a designation conferred by the ACGME, the Accreditation Council for Graduate Medical Education.

Programs with Osteopathic Recognition are committed to training the next generation of osteopathic physicians and provide you with valuable skills for your future profession.

CHOOSING YOUR RESIDENCY

You represent the future of the osteopathic profession. A program with Osteopathic Recognition will help you gain the skills to enhance your practice.