AOGME Spotlight Series

“Advancing OPP education:
Choosing collaboration to better serve the UME through GME continuum of osteopathic education”

UNT Health Fort Worth, Texas College of Osteopathic Medicine
together with A. T. Still University, Kirksville College of Osteopathic Medicine

Richard LaBaere II DO, MPH, FAODME, FNAOME

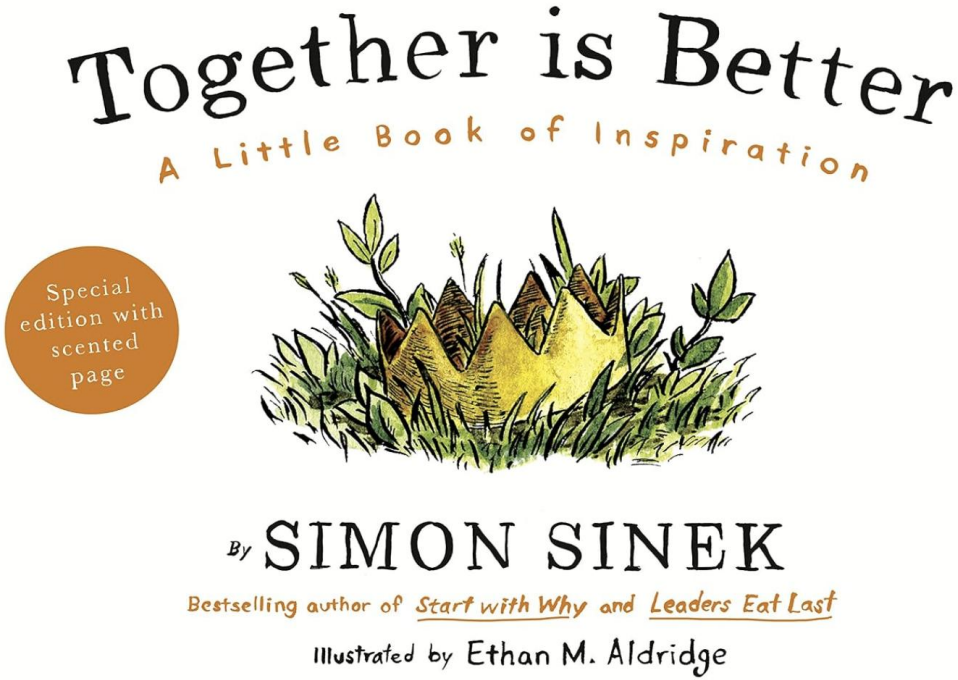
Karen Snider DO, FAAO, FNAOME

Saj Surve DO, FAOCPMR, FAAO

With gratitude

- Purpose
  - **Share a story you want to be part of**
  - Enhancing OPP education, together
  - “Together is Better,” Simon Sinek
  - “Stone Soup”



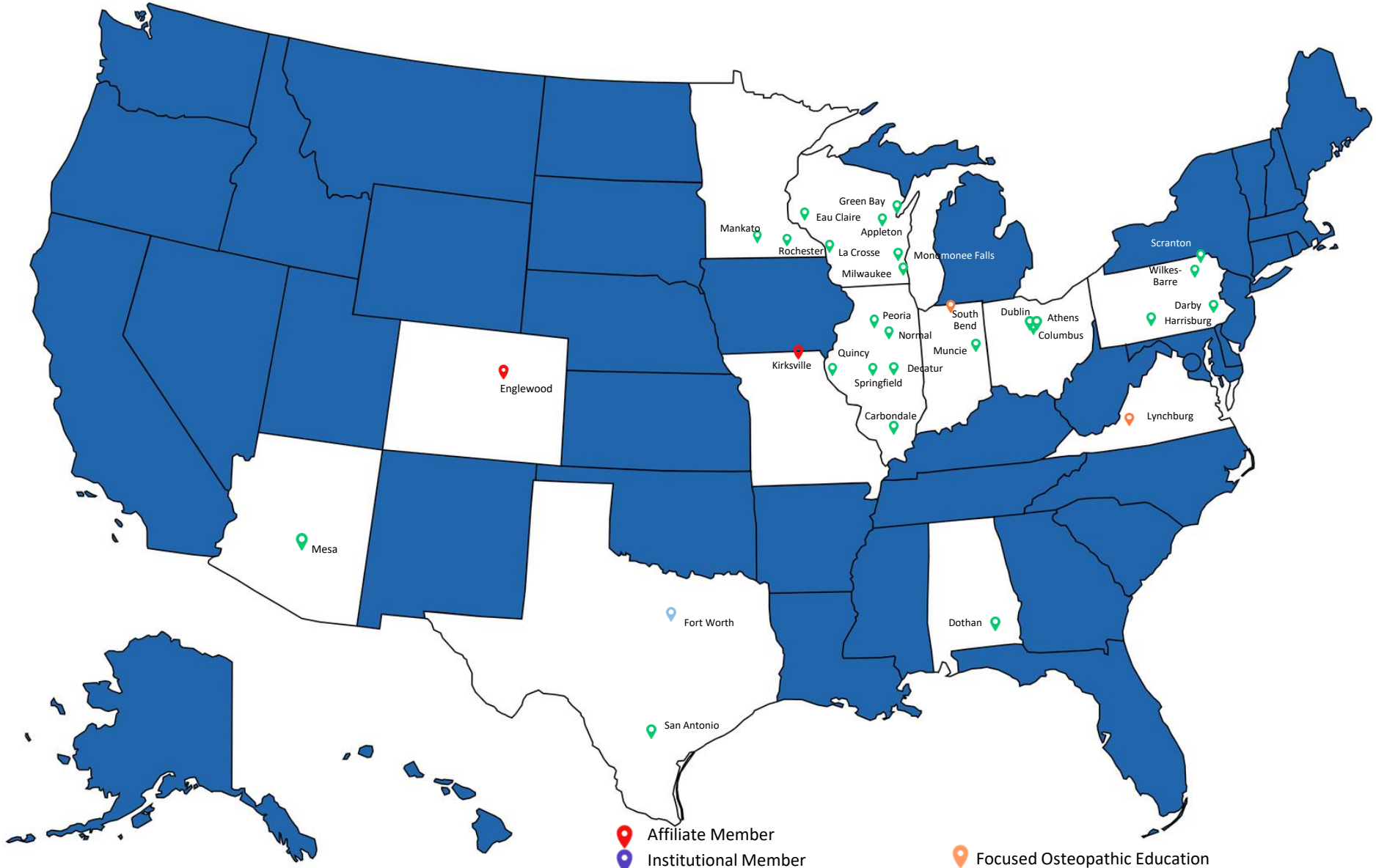


A brief history

- Prior to 1990, COMs/hospitals work together, primarily for student education
- Early 1990's, COGMET is born in Michigan, A Statewide OGME consortium
- Late 1990's OPTI's became the AOA GME coin of the realm
- 2015 Single accreditation begins. AOA GME accreditation winds down and evolves, OR
- Still OPTI moves from AOA academic sponsor to sponsoring institution
- NCOPPE, a sister to Still OPTI is born at ATSU-KCOM
- 2018-2025, NCOPPE grows in curriculum, outreach and training offered
- **2025, TCOM collaboration is born, partners in NCOPPE**

(apparent theme in OGME over time, better through collaboration)

ATSU-KCOM Sponsoring Institution / National Center for Osteopathic Principles and Practice Education (NCOPPE) Members



Updated 18.25.26



National Center for Osteopathic Principles and Practice Education

PROMOTING LIFELONG LEARNING IN OSTEOPATHIC CORE COMPETENCIES

Member login | Explore membership

Innovation. Excellence. Service.

NCOPPE is partnered with Still OPTI, an ACGME Institutional Sponsor, and provides high quality osteopathic principles education that promotes osteopathic competency development throughout the continuum of osteopathic medical education.

National Center for OPP Education

NCOPPE

- Online learning resources
- Live educational presentations
- Faculty development
- Osteopathic learning community
- Dedicated to advancing osteopathic education and care
- UME-GME-CME

ATSU | National Center for Osteopathic Principles and Practice Education

Who we serve

- Osteopathic students
- Medical students seeking residency with osteopathic recognition
- Residency faculty in osteopathically recognized residencies
- Physicians in practice who want to continue to learn

- Members
  - Affiliated COMS
    - Institutional access
  - **Collaborative members**
  - Faculty and residents of affiliated residency programs
  - Individual members

Faculty Development

Research & Scholarly Activity

Still OPTI Research Training Resources

Recorded Lectures

- The Art of Scholarship for the Busy Clinician and Passing It to Our Learners

Literature

- Scholarly Activity Made Simpler

Online Courses

- CITI Research Ethics and Compliance Training (Login Instructions)

Assessment and Remediation

- Teaching Important Non-Clinical Skills
- Learner Evaluation and Effective Feedback

Videos

- Diagnosing Struggling Medical Residents and Developing SMART Improvement Plans (Handout)
- Supervising OMM and Documentation Requirements
- The Struggling Student or Resident

Enhancing Bedside Teaching

- The Efficient Teacher
- Mentoring Students in Core Competencies

Free webinars at STFM.org

- Faculty for Tomorrow

Residents as Educators

- See FM Residency Curriculum Resources at STFM.org (requires STFM or AFMRD membership)

Diversity, Equity and Inclusion

- Cultural Humility: An Approach to Respect and Responsiveness to Diverse Patient Populations
- "Culture… it's not just about skin color" – *ATSU Teaching and Learning Center Diversity, Equity, and Inclusion Series*

Professionalism

- StayingWhole: Understanding Burnout in Faculty and Residents
- Assessment of Millennial Residents

Articles (With accompanying discussion questions and leader's guide)

- *Final Visit* (Work-life balance)
- *Physician Attire*
- *Public Celebration* (physician as citizen)
- *Valuable Wisdom* (challenging patients)

Recorded Lecture

- Professionalism

Online Course

- National Institutes for Health, Office of Extramural Research, Financial Conflict of Interest Training

Wellness

Recorded Lectures

- Physician Burnout, Depression and Substance Abuse
- Fatigue Management and Mitigation

Interpersonal Communication

Article (With accompanying discussion questions and leader's guide)

- Fallibility and Forgiveness (truth-telling in medicine)
- Jade (personal bias in interpersonal encounters
- Valuable Wisdom (interpersonal skills for behavior change

Videos

- Verbal Judo | Dr. Richard LaBaere
- The Start, Stop, Continue Method for Feedback

Online Course

- A Physician's Practical Guide to Culturally Competent Care

Recorded Workshops

Resident Trainer Faculty Development

- Performance Improvement Projects
- Feedback: Quality Improvement for Teaching & Learning (starts at 15:47)
- Fatigue Management & Mitigation (starts at 1:12:00)

OPP for GME

System Based Practice: Teaching and Evaluating Competency in Residents

Quality Improvement: Basic Improvement Methodology

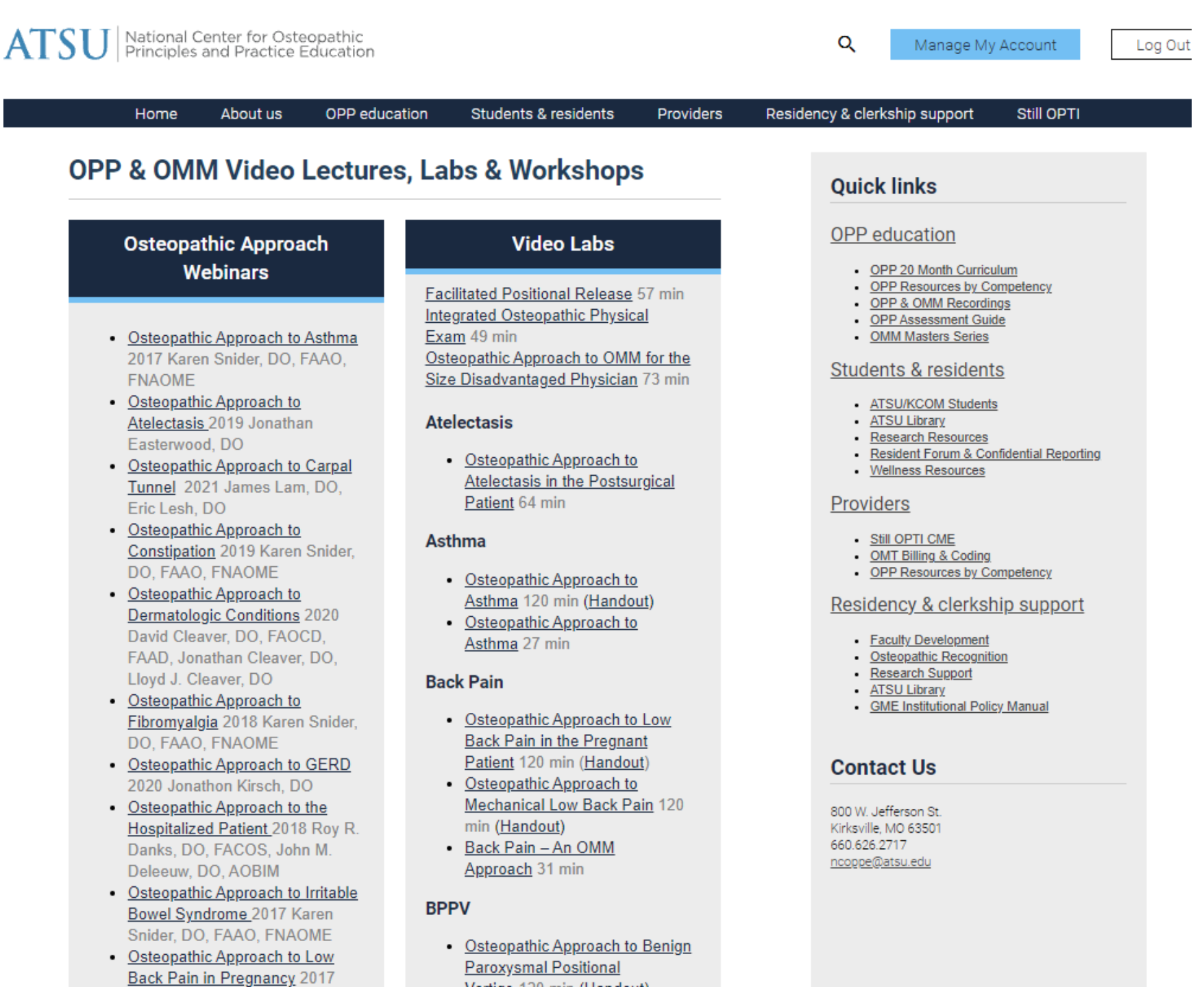
Community Based Scholarly Work

Leading Change Towards Quality Improvement

You're in the Match!

On-Demand OPP Education

On-Demand Core Competency Education



20-Month Curriculum Made Easy!

Year 1

Month 1 – Billing and Coding

Month 2 – Cardiovascular 1

Month 3 – Musculoskeletal – 1 Axial

Month 4 – Gastrointestinal – Upper

Month 5 – Respiratory

Month 6 – OPP Competencies

Month 7 – Hospitalized Patient

Month 8 – Neurology 1

Month 9 – HENT 1

Month 10 – Musculoskeletal – Lower Extremity

Year 2

Month 11 – Billing and Coding

Month 12 – Musculoskeletal 2 Axial

Month 13 – Gastrointestinal – Lower

Month 14 – Neurology 2

Month 15 – OB/GYN Module

Month 16 – Pediatric Patient

Month 17 – Postoperative Patient (Surgery)

Month 18 – Geriatrics

Month 19 – HENT 2

Month 20 – Musculoskeletal – Upper Extremity

Videos

- Osteopathic Approach to Myocardial Infarction (Lab) 9 min
- Hypertension and OMM (Lab) 26 min

Reading Assignments (OMM eBook via Library Portal)

- Foundations of Osteopathic Medicine 4rd Edition (Seffinger): Chapter 42C: Osteopathic Considerations in General Internal Medicine
- Foundations of Osteopathic Medicine 4rd Edition (Seffinger): Chapter 42 Case Study: Adult with Chronic Cardiovascular Disease
- Somatic Dysfunction in Osteopathic Family Medicine 2nd Edition (Nelson): Chapter 37
- Five Minute Osteopathic Manipulative Medicine Consult (Channell/Mason): Pages 34-35

Journal Club

Choose one cardiovascular article from the Cardiopulmonary bibliography

Other On-Demand Options

OPP & OMM Video Lectures, Labs & Workshops

NCOPPE ONLINE RESOURCES

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Typical Cervical Mechanics

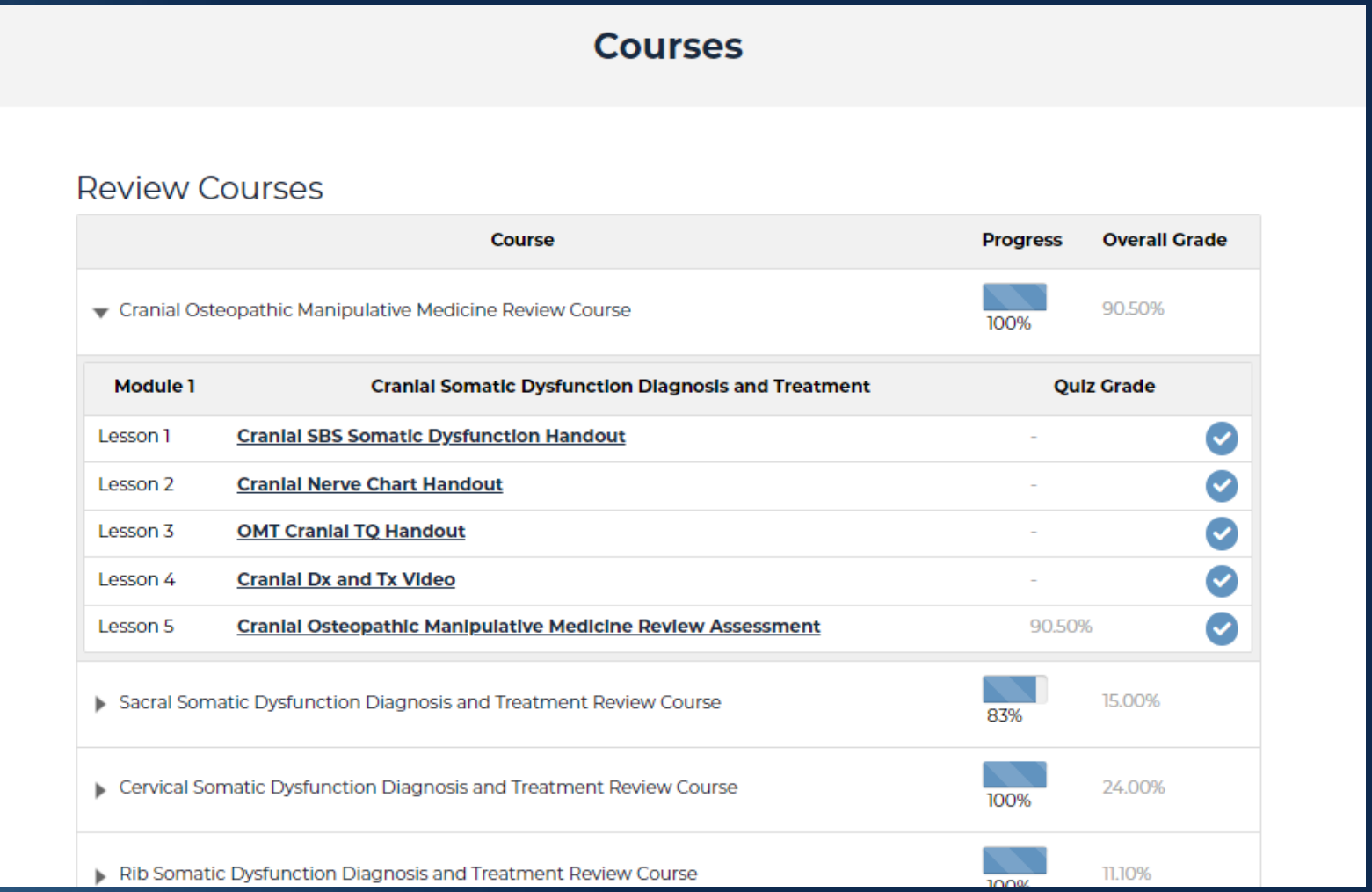
- C2-7 Typical cervical joint motion
- Refers to motion of vertebra above on vertebra below
  - Example C4 movement on C5
- Type II Non-neutral -type mechanics
- Flexion and Extension
- Sidebending and rotation occur to the same side with some flexion or extension



- OPP & OMM Recordings
  - Lectures
  - Labs
  - Workshops
- OMM Masters Series
- OPP Resources by Competency
- 20 Month Curriculum
- OMM Quick Reviews
- Assessment Tools

NCOPPE ONLINE RESOURCES

ATSU | National Center for Osteopathic Principles and Practice Education



Courses

Review Courses

Course	Progress	Overall Grade
Cranial Osteopathic Manipulative Medicine Review Course	100%	90.50%

Module 1	Cranial Somatic Dysfunction Diagnosis and Treatment	Quiz Grade
Lesson 1	Cranial SBS Somatic Dysfunction Handout	-
Lesson 2	Cranial Nerve Chart Handout	-
Lesson 3	OMT Cranial TQ Handout	-
Lesson 4	Cranial Dx and Tx Video	-
Lesson 5	Cranial Osteopathic Manipulative Medicine Review Assessment	90.50%

Sacral Somatic Dysfunction Diagnosis and Treatment Review Course	83%	15.00%
Cervical Somatic Dysfunction Diagnosis and Treatment Review Course	100%	24.00%
Rib Somatic Dysfunction Diagnosis and Treatment Review Course	100%	11.10%

- On-Demand Courses
  - OMM Reviews
  - Recorded Workshops
  - Billing and Coding Tutorials
  - OMM Basics Course

On-Demand Structured OMM Basic Course

Osteopathic Manipulative Medicine Self-Directed Online Basic Course

0% COMPLETE

- **Introduction to Osteopathy (140 min)**
  - Introduction to Osteopathic Medicine (36 min)
  - Principles of Fascia (34 min)
  - Basic Osteopathic Concepts (35 min)
  - Palpation Lab (35 min)
  - Palpation Lab Handout
  - Introduction to Palpation and Professional Touch Handout
  - Types of OMM Handout
  - Introduction to Osteopathy Review
- **Thoracic Spine, Lumbar Spine, and Rib Diagnosis and Treatment (148 min)**
- **Pelvic and Sacral Diagnosis and Treatment (134 min)**
- **Cervical Diagnosis and Treatment (62 min)**
- **Upper Extremity Diagnosis and Treatment (69 min)**
- **Lower Extremity Diagnosis and Treatment (59 min)**
- **Cranial Diagnosis and Treatment (87 min)**
- **Assessment (42 min)**

Introduction to Osteopathic Medicine (36 min)



Featuring Dr. Richard Feely and Dr. Chelsey Stull

Join Us

Osteopathic Approach to Post-Thoracotomy Pain



- **Wed., Nov. 4, 2026, noon – 2:00 PM (CST)**
- **Presented by:**
- **Kent Blanke, DO.** Director of Medical Education – Northeast Regional Medical Center
- **Karen Snider DO** – ATSU –KCOM Professor and OMM Department Chair
- **Shelby Canella DO** - Northeast Regional Medical Center ONMM Resident

- 2 x 1A CME credits AOA and AMA

More Information

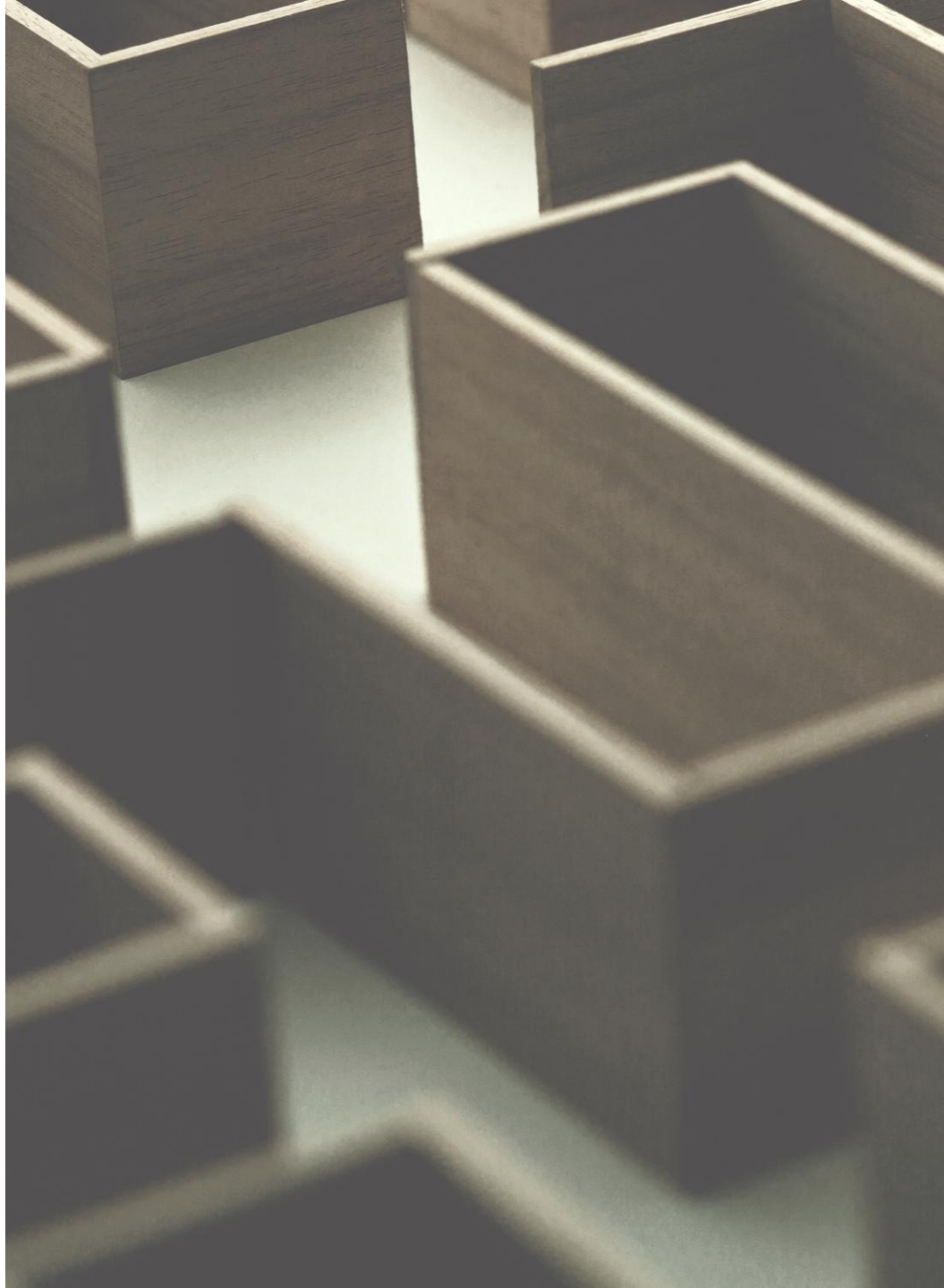
And now better with collaboration with TCOM

- Purpose: share, advance and inspire together
- Increase bench depth and reach



Some challenges to consider

- Legal: Inter-Institution Agreements, Intellectual property rights
- Technical: Portal access and authentication, formatting of materials
- Personnel: Agreements on time and contribution



Collaborating Member Contribution Demonstration

An invitation

- What could you contribute?
  - Curriculum, workshop series…
  - Assessments
  - Something else?

- How could what you are already doing add to the collective

- And gain something that helps you?



Thank you!! Questions…