



TRANSLATING OSTEOPATHIC UNDERSTANDING
INTO COMMUNITY HEALTH

How to Record an Impact

An impact is any form of community engagement activity (hours served, money raised, goods donated, etc.), which can be tracked through GivePulse.

Steps:

- 1) Once you've created an account via your school's link, select "Add impact" under your profile photo in the top right corner.

This screenshot shows the top navigation bar of the AACOM T.O.U.C.H. website. The header is light blue with the AACOM logo and name on the left, and navigation links (Explore, Manage, Activity) on the right. A user profile dropdown menu is open, showing options like Messages, Dashboard, Profile, Account (highlighted with an orange circle), Add Impact, Impact Summary, Switch to Classic, Feedback, Support, and Log Out. Below the header, the main content area features the T.O.U.C.H. logo and tagline, followed by AACOM statistics (37,601, 562,092, 1,886,831) and a list of administrators.

- 2) Select the group you wish to log hours underneath. This will likely be your school, but you can select "none of these?" and pick a different group to log your hours with if necessary.

This screenshot shows the "Add Impact" form on the AACOM T.O.U.C.H. website. The form has a light blue header with the AACOM logo and name. The main content area is divided into two sections: "Where did you make an impact?" and "Where did you make an impact?". The "Where did you make an impact?" section lists generated options based on previous activities, with a "Groups" section containing a "SCHOOL" button (highlighted with an orange circle). Below the "Groups" section is a link for "None of these?".

- 3) In the “Details” section, fill out the “Impact Details” box. If you select "Switch to Timesheet" you can add multiple impacts for the same event. Ex: If you led a summer camp and have multiple sessions of prep hours and several days of volunteer hours to add for a whole week, a timesheet will make more sense than logging all of the hours under one block.

Impact Details

Switch to Timesheet

Impact Type

Time

Start Date *

End Date *

Start Time

End Time

06/23/2026

06/23/2026

hh:mm aa

hh:mm aa

All times shown in Mountain Time (MDT)

Duration

0 hr

0 min

- 4) In the “Details” section, select a Verifier. This should be your school’s TOUCH coordinator.
- a) If you are your school’s TOUCH coordinator, you will select the national TOUCH coordinator to confirm your hours.

Verification

Switch to Write-in mode

A verifier must be provided to confirm your participation. If you do not have that information, please contact [Abby Lin](#)

Verifier

- 5) In the “Share” section, select groups you would like to share your hours with. You can select both your school and AACOM here.

Share Groups
Select the group(s) that should receive or track this impact.

American Association ...

SCHOOL

- 6) In the “Requested Information” section, fill out the required information. These fields may be different for each school.
- a) When selecting if the event falls under a thread, please use the thread descriptions found on the last page of this document.
 - i) All service work completed through the theme of a thread, must also meet the TOUCH hour standard to be eligible.
- 7) In the “About your experience” section, please fill out the “Review, Reflection, and Feedback” box keeping the following in mind:
- a) The description should be 2-4 sentences and demonstrate how the service meets TOUCH Standards and detail the student’s role in the event.
 - b) If an event log includes several hours spent engaging in different activities within one service event, the time spent completing each should be denoted.
 - i) This includes logging hours for time spent at camps or during service trips, ensuring that travel, sleep, and meals are not counted. Students should also record the start and end times of service, along with any breaks taken.

Thread Descriptions

Justice, Equity, Diversity, Inclusion (JEDI): The Justice, Equity, Diversity, and Inclusivity (JEDI) thread aims to guide participants in understanding and actively addressing systemic inequalities while fostering an inclusive and equitable environment in their community service work. This thread encourages participants to reflect on their role in promoting justice by engaging with diverse populations and considering the historical and current social structures that impact marginalized communities. Service activities should be approached with a commitment to inclusivity, ensuring that all voices are heard and valued, particularly those that have been traditionally underrepresented or oppressed. Participants are encouraged to examine their own biases, learn from diverse perspectives, and contribute to creating environments where equity is prioritized and every individual has the opportunity to thrive. Through this thread, participants will deepen their understanding of the intersectionality of issues, develop the skills to advocate for change, and actively contribute to dismantling barriers to equity and inclusion. Additionally, participants will explore the social determinants of health—such as income, education, housing, and access to healthcare—which significantly influence the well-being of individuals and communities, and use this knowledge to inform their service practices and advocacy efforts in addressing health disparities and promoting holistic well-being. COM/SOM diversity liaisons are encouraged to work alongside their SGA, students, faculty, staff, and community to aid the campus TOUCH coordinators in facilitating these outcomes through the TOUCH program.

Advocacy: The Advocacy thread focuses on empowering participants to engage in social, political, and healthcare-related advocacy that addresses the needs of underserved communities and promotes systemic change, without directly benefiting medical students, physicians, or the osteopathic community. This thread encourages participants to champion issues such as healthcare access, health equity, environmental justice, and the rights of marginalized groups, ensuring that their advocacy work prioritizes the well-being of the broader public. By focusing on advocacy that does not serve the interests of the healthcare profession itself, participants will engage in meaningful efforts to dismantle barriers to healthcare, support public health initiatives, and amplify the voices of those who are often left out of the conversation. This approach underscores the importance of advocacy that seeks to advance social good and societal health without any personal or professional gain for those within the medical field. COM/SOM legislative affairs liaisons are encouraged to work alongside their SGA, students, faculty, staff, and community to aid the campus TOUCH coordinators in facilitating these outcomes through the TOUCH program.

Mentorship: The Mentorship thread focuses on fostering supportive, growth-oriented relationships between participants and children, younger students, and pre-medical students, with an emphasis on providing guidance, encouragement, and academic support. Participants in this thread will engage in hands-on mentorship, helping to build the confidence, skills, and knowledge of those they mentor by offering advice on educational and career paths, especially in the medical field. Through structured activities, participants will help mentees navigate challenges in their academic journeys, cultivate critical thinking skills, and foster a passion for learning. This mentorship experience not only contributes to the personal growth of the mentees but also allows participants to develop valuable leadership, communication, and empathy skills. By sharing their own experiences, offering guidance on the pathways to careers in healthcare, and encouraging the exploration of academic and professional opportunities, participants will help shape the next generation of students and professionals, particularly those who may not have had access to such mentorship before. COM/SOM medical and clinical education liaisons are encouraged to work alongside their SGA, students, faculty, staff, and community to aid the campus TOUCH coordinators in facilitating these outcomes through the TOUCH program.